INVOLVE

COMMUNITIES that can

NEWSLETTER TIVERTON, AUTUMN/WINTER 2026



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MESSAGE FROM YOUR COMMUNITY BUILDER

It's been another busy and rewarding few months here at Involve, with lots of exciting projects taking shape across Tiverton! A highlight has been the launch of our new Community Cookery Hub, working in partnership with Allies Mid Devon and Mid Devon Housing. These sessions are helping residents build confidence in the kitchen, learn how to prepare simple, affordable meals and enjoy some valuable social time together.

We've also been delighted to receive funding for our new 'On the Land' heritage project. We'll be capturing the stories and experiences of farmers across generations through a series of podcasts, helping to preserve an important part of our rural heritage.

Meanwhile, our Vintage Farmers group continues to go from strength to strength, bringing people together, building friendships and helping to reduce rural isolation. Our cancer awareness work has also continued across Mid Devon, with wellbeing sessions at local almshouses and Age UK, alongside talks and outreach with Unite Carers and Mid Devon Messenger.

If you have an idea for a project, or are keen to set up a group in our community, I'd love to hear about it!

Alice

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TIVERTON NEWS

There have been plenty of community activities, local initiatives and opportunities bringing people together across the town over the past few months.



The October half-term saw a fantastic range of family activities, from Halloween celebrations at Tiverton Pannier Market to spooky trails, crafts and events at Tiverton Museum and the Library.

It was a pleasure to work alongside SASSY and Libraries Unlimited to deliver a teen tote bag sewing workshop at Tiverton Library, where 10 young people came together to learn new sewing skills, get creative and socialise, each leaving with their very own handmade Halloween tote bag!

With many expressing an interest in more opportunities like this, we're excited to explore future workshops and potentially a regular series of creative sessions for young people in Tiverton.



Tiverton Town Council is exploring the creation of a new Youth Forum, giving young people a greater say in shaping the future of their town. The aim is to create a space where young people can share their ideas, raise issues that matter to them and get involved in local projects and decisions. The Council is keen to hear from young people about what they'd like to see in Tiverton, from more activities and safe spaces to opportunities for volunteering and developing new skills. It's a great opportunity to help ensure the voices of younger residents are heard and valued.

Parkrun has launched a new route at Knightshayes, known as the ‘Impy Trail’, bringing people together to enjoy the outdoors, stay active and connect with others. Taking place every Saturday at 9am (briefing at 8.45am), everyone is welcome to walk, jog, run or volunteer. Alongside this, Tiverton’s junior parkrun continues to thrive, offering younger children a fantastic opportunity to get active and have fun! This takes place in Westexe Park every Sunday morning at 9am.

OUT AND ABOUT IN TIVERTON

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TIVERTON VINTAGE FARMERS



Our Vintage Farmers group continues to go from strength to strength, with 30-40 farmers regularly attending our monthly coffee mornings. It's a real pleasure to bring everyone together, with recent sessions featuring guest speakers including Age UK, who shared valuable advice on scam awareness, and former MP Neil Parish.

Alongside our regular meet-ups, we've enjoyed some wonderful outings. A particular highlight was our summer trip along the Grand Western Canal, where 32 farmers enjoyed a glorious day aboard a horse-drawn barge. We also ran a special screening of Derek vs. Derek, a documentary following two Devon farmers who don't quite see eye to eye at the Tiverton Library in partnership with CAG.

The group continues to play an important role in tackling loneliness and isolation within our rural communities, providing opportunities to reconnect, share stories and build lasting friendships.

Our next meeting will take place on Wednesday 9th December at Tiverton Town Football Club, starting at 10am. New members are always welcome!



CAPTURING FARMING VOICES

We're delighted to have received funding from Mid Devon District Council's Creative Communities Scheme to bring our 'On the Land' heritage project to life! Farming has played such an important role in shaping Mid Devon, and we want to make sure the stories and memories of our farming communities are preserved for future generations. Through a series of 12 podcasts, we'll be speaking to farmers of all ages, capturing their experiences, local dialects and memories of how farming has changed over the years.

We hope to create a lasting collection of stories to share online, with plans to work alongside Tiverton Museum to celebrate our rich farming heritage. A huge thank you to Mid Devon District Council for supporting this exciting project. We can't wait to get started!

OUT AND ABOUT IN TIVERTON

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TIVERTON CANCER SUPPORT

Our Tiverton Peer to Peer Cancer Support Group offers a warm and welcoming space for anyone affected by cancer, whether personally or through supporting a loved one. Meeting monthly at 10am in Sandy's Café, the group provides an opportunity to come together in a relaxed setting, share experiences and connect with others who understand the challenges that cancer can bring. It is a supportive environment where people can talk openly, listen, and feel less alone.



Each session lasts around an hour, creating a gentle and accessible space for conversation, encouragement and mutual support. Whether you are looking to share your story or simply sit with others who understand, you would be very welcome to join.

Our next cancer support session will be on Tuesday 1st December at 10am. Contact Alice for more information.

MID DEVON CANCER AWARENESS PROJECT



Our Cancer Awareness Project continues to grow across Mid Devon, with a focus on raising awareness of the most common cancers and encouraging people to take up screening. In recent months, we have been out in the community capturing case study videos, sharing leaflets through partner organisations, and working with the RD&E to deliver a Cancer Health and Wellbeing Fair to show patients what support they can find in the community.

Through this work, we aim to continue breaking down barriers and supporting earlier diagnosis across our communities.

OUT AND ABOUT IN TIVERTON

COMMUNITIES that can

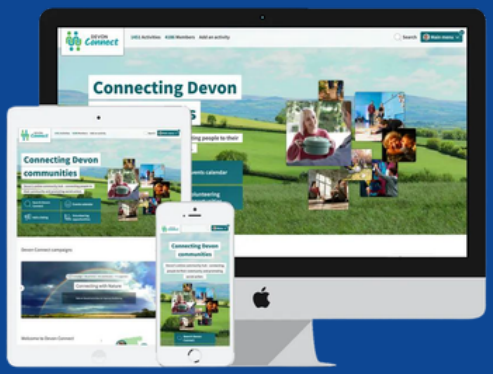
NEW COMMUNITY COOKERY HUB LAUNCHES IN TIVERTON!

We're delighted to have launched our new Community Cookery Hub in partnership with Allies Mid Devon and Mid Devon Housing! This exciting five-week programme is helping local housing tenants build confidence in the kitchen, learn essential cooking skills and discover how to prepare tasty, nutritious meals on a budget.



The sessions are taking place at Sunningmead Community Centre led by a trained chef who has been sharing her cooking expertise with participants. Each week, the group gets hands-on preparing a different meal, from pasta bake and chicken curry to homemade pizza, learning useful skills they can take home and put into practice. As well as developing cooking skills, the sessions provide a lovely opportunity for people to meet others, share experiences and enjoy cooking together. It's been fantastic to see everyone getting involved, and we're really grateful to our partners for helping bring this project to life!

DEVON CONNECT



Devon Connect is a free online community hub where residents, organisations and practitioners can easily find and share information about local activities, services, events and volunteering opportunities. It is designed to bring communities together, reduce isolation and make it simpler for people to discover what is happening in their local area.

The platform also links with social prescribing systems, meaning anything shared can be used by health professionals to support signposting. We are actively encouraging organisations across the voluntary sector to make use of Devon Connect, while also promoting it within the community as a go-to place for finding local opportunities. For any queries or support using the platform, please contact tivertoncb@involve-middevon.org.uk

BE PART OF THE CONVERSATION

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LISTENING EVENTS



"I really value our listening events, usually held at Tiverton Library. They offer a valuable opportunity to connect with residents and gain a better understanding of what people would like to see in our town. Previous sessions have highlighted a need for greater menopause awareness and education, which led me to explore relevant funding opportunities and submit an application."
- Alice, Tiverton Community Builder

LISTENING EVENTS COMING UP

Your voice matters!
Join us at these friendly drop-in sessions to share:
What you'd love to see in your community
Ideas for activities, spaces, or events
What's most important for making Tiverton a great place to live

Keep an eye on the Tiverton Community Facebook page for details of the next listening event.



COMMUNITY WELLBEING ALLIANCE

Our latest Community Wellbeing Alliance meeting took place on 20th October, bringing together 23 attendees from local organisations to share updates, news and developments across their services. With Christmas approaching and the ongoing pressures of the cost of living, we placed a particular focus on debt management and the support available to those facing financial difficulties.

The next Tiverton meeting will take place on Tuesday 12th January at 10am. If you would like to attend or find out more, please contact Alice (tivertoncb@involve-middevon.org.uk).

VOLUNTEERING OPPORTUNITIES

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LOINS, TIVERTON

Lions are ordinary people who do extraordinary things to help others and support good causes throughout the British Isles. Globally they have more volunteers in more places than any other service club organisation, and love to step forward to volunteer, help other and make things happen. Currently in charge of two initiaties in Tivertion; message in a bottle and recycling glasses.

Email: mikeaspray@btinternet.com

THE ROTARY, TIVERTON

The Rotary Clubs in Tiverton are part of a global network of volunteers, bringing people together to support local communities and wider charitable causes. They organise events, raise funds, and run initiatives such as school literacy programmes and community activities throughout the year. Built on friendship and service, Rotary offers a welcoming space to connect while making a meaningful difference. New members are always encouraged to get involved and help strengthen the community.

https://rotary-ribi.org/clubs/membershipenquiry.php?ClubID=1226

SUSTAINABLE TIVERTON - SHARE SHOP

Share Shop Tiverton is looking for volunteers to help run its community “library of things” at the Eco Hub on Bampton Street. The role involves maintaining and repairing items so they are safe and ready to borrow, making it ideal for anyone who enjoys practical tasks and wants to support a more sustainable, low waste community.



Email: sustivchair@gmail.com

More opportunities with Sustainable Tiverton can be found on Devon Connect (devonconnect.org).



TRUSTEE VACANCY - TIVERTON MUSEUM

Tiverton Museum is looking for enthusiastic trustees to help shape its future as it embarks on an exciting redevelopment project. If you have skills in finance, fundraising, marketing, business or other areas and would like to help preserve our local heritage, they'd love to hear from you!
Find out more: www.tivertonmuseum.org.uk/news/2026/05/12/join-our-board-and-make-a-difference

MID DEVON MOBILITY - DRIVERS NEEDED

Volunteer drivers are needed to support local community car schemes across Tiverton and Crediton, helping people get to essential appointments, shops and social activities. Using your own car, you can offer flexible support that fits around your availability, while making a real difference to those who may otherwise struggle to get out and about. It is a rewarding opportunity to meet new people and help keep our community connected.

Email: transport@middevonmobility.org.uk



SEASONAL EVENTS
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TIVERTON CHRISTMAS LIGHT SWITCH ON

Saturday 21 November, 11am to 7pm.
A full day of circus workshops, Punch & Judy, stilt walkers, music, bubbles and festive entertainment around Fore Street, Phoenix Lane and the Pannier Market. The lights go on at 6pm.



WEST MIDDLEWICK FARM FESTIVE DAY

Saturday 28 November, 10am to 3pm
Festive stalls, cheese tasting and music from Tiverton Town Band.



THE TREETOP CIRCUS: PUPPET SHOW AND CRAFT WORKSHOP AT TIVERTON LIBRARY

Saturday 5 December, 10.30am
A magical woodland puppet show featuring juggling, magic and a flying pine marten, followed by a craft workshop where children can make their own dancing pine marten puppet.
Suitable for ages 5 to 11, accompanied by an adult.
Cost: £3 for library members, £5 for non-members. A limited number of free tickets are available for families who may find the cost a barrier



CHRISTMAS CAROL SERVICES

Sunday 13 and Sunday 20 December.
Tiverton Town Band lists a Salvation Army Carol Service on 13 December at 2.30pm and a St Paul's Carol Service on 20 December at 6.30pm.

FREE CHRISTMAS PARKING IN TIVETON!

MID DEVON DISTRICT COUNCIL HAS CONFIRMED FREE PARKING AT TIVERTON MULTI-STOREY CAR PARK ON FIVE SATURDAYS:
21 AND 28 NOVEMBER, AND 5, 12 AND 19 DECEMBER 2026.

KEEP UPDATED ON ALL THE LATEST NEWS AND EVENTS

to find out more about what is coming up in your community please follow us on Facebook:

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SEASONAL EVENTS TIVERTON

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CHILDRENS CHRISTMAS DECORATION WORKSHOP

Saturday 12 December 2026
£3.50 per child + booking fee. Booking link here: https://me-l.co/to34geth
Children can get creative making Christmas decorations using natural materials from the canal.
Sessions: 10am to 12 noon or 1.30pm to 3.30pm.



CHRISTMAS AT THE MUSEUM ELF TRAIL

28 November to 23 December 2026
Children can explore the festively decorated museum and hunt for Father Christmas's mischievous helpers hidden amongst the displays.
Cost: Included with normal museum admission. The museum's 2026 leaflet says children accompanied by an adult enter free.







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