INVOLVE

COMMUNITIES that can

NEWSLETTER CREDITON, AUTUMN/WINTER 2026



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MESSAGE FROM YOUR COMMUNITY BUILDER

I want to take a moment to reflect on what has been a busy and rewarding summer as Community Builder for Crediton. Over the past few months, I have had the privilege of connecting with local residents, community groups, charities and partner organisations, helping to strengthen relationships, support new ideas and create opportunities for people to come together and make great things happen for our town. From developing support networks and community activities to raising awareness of local services, cancer awareness and support and tackling challenges such as food insecurity, loneliness and wellbeing, it has been inspiring to see the passion, kindness and resilience that exists across our town.

I would love to hear from you. Do you:

- Have an idea for our community
- Want to share what you care about
- Have a skill you want to share with your local community
- Need help with a local project
- Would like to share details of a group you run or support

Kath

CONTACT KATH

07902 744811

CreditonCB@involve-middevon.org.uk

www.involve-middevon.org.uk

@creditoncommunitybuilder

Proudly funded by COMMUNITY FUND

MEET YOUR COMMUNITY BUILDER

COMMUNITIES that can

AN UPDATE FROM EMMA - CREDITON'S RURAL COMMUNITY BUILDER



Gardening Through Grief Group, 4 Mills Lane Commuity garden, Crediton. Starting 24th November.

The darker months can be particularly difficult for people grieving a loss. Anybody who feels they would benefit from being outside in nature in a supportive group is welcome to come along.

No experience in gardening necessary and if you don't feel up to doing any gardening at all, that is OK too. Please wrap up warm and wear stout shoes. Tea and coffee will be available.

The group will be run by Emma and Louise. Emma is a community builder and Louise a volunteer with Involve - Voluntary Action in Mid Devon. Both Emma and Louise are trained to use gardens, plants and nature to encourage friendship and support people's well being.

Sessions to be held:

Tuesday 24th November 10.30 to 12.30
Tuesday 8th December 10.30 to 12.30
Tuesday 5th January 10.30 to 12.30
Tuesday 19th January 10.30 to 12.30
Tuesday 2nd February 10.30 to 12.30
Tuesday 23rd February 10.30 to 12.30

If you would like more details before coming please email **Emma on creditonruralcb@involve-middevon.org.uk**

We are really looking forward to meeting you and growing together.

With huge thanks to The Turning Tides Project CIC for the use of their lovely garden.



CONTACT EMMA

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@creditoncommunitybuilder

OUT AND ABOUT IN CREDITON

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VINTAGE FARMERS GROUP CONTINUES TO THRIVE

Over recent months, members have welcomed several guest speakers covering a range of topics relevant to rural life and wellbeing. We learned about the free digital support available through AbilityNet, helping people gain confidence with technology and access support for their devices and online activities. We also enjoyed a fascinating presentation on hedgehog conservation, highlighting the simple steps we can all take to help protect these much-loved creatures and support local wildlife.

A particular highlight was hearing from group member Brian Warren, who shared his personal experiences in helping to establish the Farming Community Network (FCN) in the South West. Brian spoke about the early days of the organisation and its ongoing work supporting farmers and rural communities through times of challenge and change.



The Vintage Farmers Group meets on the last Wednesday of each month at 10am at Eakers Cafe. New members are always welcome.

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CREDITON CANCER SUPPORT

The Cancer Support Group continues to grow. We meet on the first Wednesday of the month at Homeleigh Garden Centre at 11am. Anyone with a cancer diagnosis or is supporting family or friends with cancer can attend.

This is a friendly and supportive group which is open to anyone affected by cancer - do get in touch if you would like to attend our peer to peer support coffee mornings or planned activities.

"My cancer is quite rare, so I have a different experience, but people here get it. The WhatsApp chat is helpful for asking questions and getting support."

OUT AND ABOUT IN CREDITON

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COMMUNITY COOKERY HUB

We are proud to be one of five groups in Devon awarded funding to run our Community Cookery Hub for a second year. We started the year with students from Queen Elizabeth's Community College and Crediton's Youth Club.

The project supports the development of practical skills, brings people together, and feeds into county-wide learning.

This term we made chicken curry, pizza, tasty pasta bake, and apple crumble to make use of seasonal local produce.

We are once again delighted to be supported by Crediton Lion's Club, who help us run the sessions by shopping for ingredients and joining us in the classroom each week.

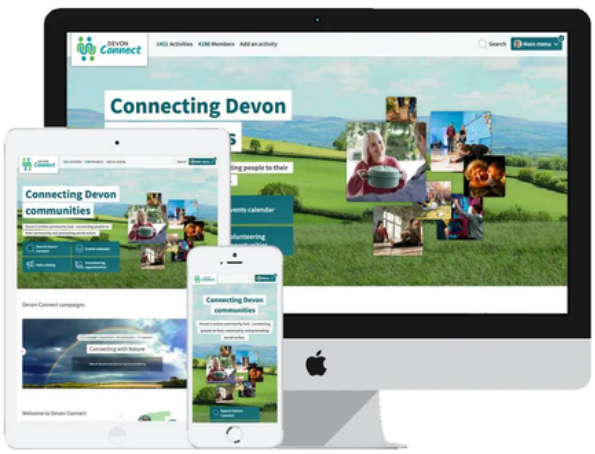
Once again we have received some amazing feedback and we were so proud of everyone who took part.

Later this month we hope to welcome participants from The Amber Foundation to learn to cook some tasty dinners.





WITH SPECIAL THANKS TO
QUEEN ELIZABETH COMMUNITY COLLEGE
CREDITON LION'S CLUB
& DEVON COMMUNITY FOUNDATION



DEVON CONNECT

Devon Connect is an online platform for communities across Devon. Members can use it to find or add events, services and volunteering opportunities.

There are over 5,000 members signed up on the platform so it is a great place to advertise any volunteering opportunities in the area.

https://devonconnect.org/

BE PART OF THE CONVERSATION

COMMUNITIES that can

LISTENING EVENTS



'During the summer I attended the Friday Cafe at the Congregational Church to talk to people about what they would like to see in our town and that prompted me to share with families things that they could do for free over the summer months.

Since then I have been speaking to people who have asked me for a line dancing class, a writing group and a seated exercise class. I'm working on these so watch this space.

LISTENING EVENTS COMING UP

Your voice matters!
Emma & I will be at the Christmas Tree festival at the beginning of December. Please do come and talk to use if you see us there on 3rd December.



WHERE TO FIND UPDATES ABOUT OUR LISTENING EVENTS

We advertise our regular listening event dates on our Facebook page (Crediton Community Builder), on posters around Crediton, GP surgery screens and in our quarterly newsletters. You can also contact Kath to find out the next dates

Contact details:
Kath - 07902 744 811

COMING SOON....

COMMUNITIES that can

CANCER SUPPORT GROUP COFFEE MORNING

Homeleigh Garden Centre, 2 December 2026, 11.00-12.30pm.



Join us for coffee and chat at Homeleigh Garden Centre Cafe on Wednesday 2 December. It's a warm, welcoming space and we'd be delighted to meet you.

VINTAGE FARMERS



Our next vintage farmers events are:

- Eakers Cafe, 25th November 10.00-11.30am
- Eakers Cafe 16 December 10-11.30am

LINE DANCING CLASSES



By popular request we will be piloting a weekly line dancing class at the Congregational church. Starting on 18th November.

Contact Kath for further details on 07902744811

ANDYS MAN CLUB



Andys Man Club Crediton runs every Monday (except Bank Holidays) at The Bookery 7pm

Contact Steve Doyle for further details on 07483364470
https://andysmanclub.co.uk

KEEP UPDATED ON ALL THE LATEST NEWS AND EVENTS

to find out more about what is coming up in your community please follow us on Facebook:

@creditoncommunitybuilder

COMING SOON....

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ENERGY ADVICE DROP IN

THURSDAY 19TH NOVEMBER

10-12

CREDITON LIBRARY





FESTIVE FINANCES, SAVING MONEY, LIVING BETTER

26 NOVEMBER
10-12

CREDITON LIBRARY

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SEASONAL EVENTS CREDITON

COMMUNITIES that can

CHRISTMAS IN CREDITON

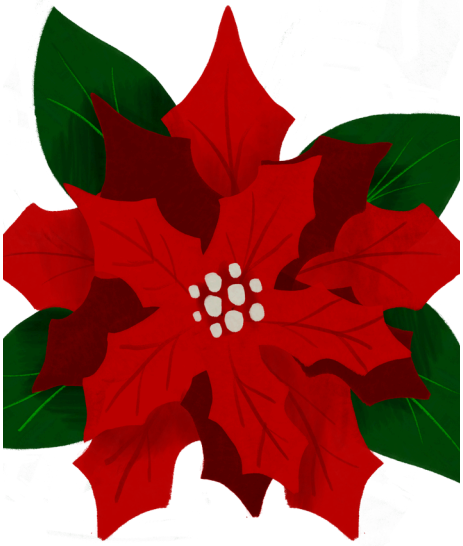


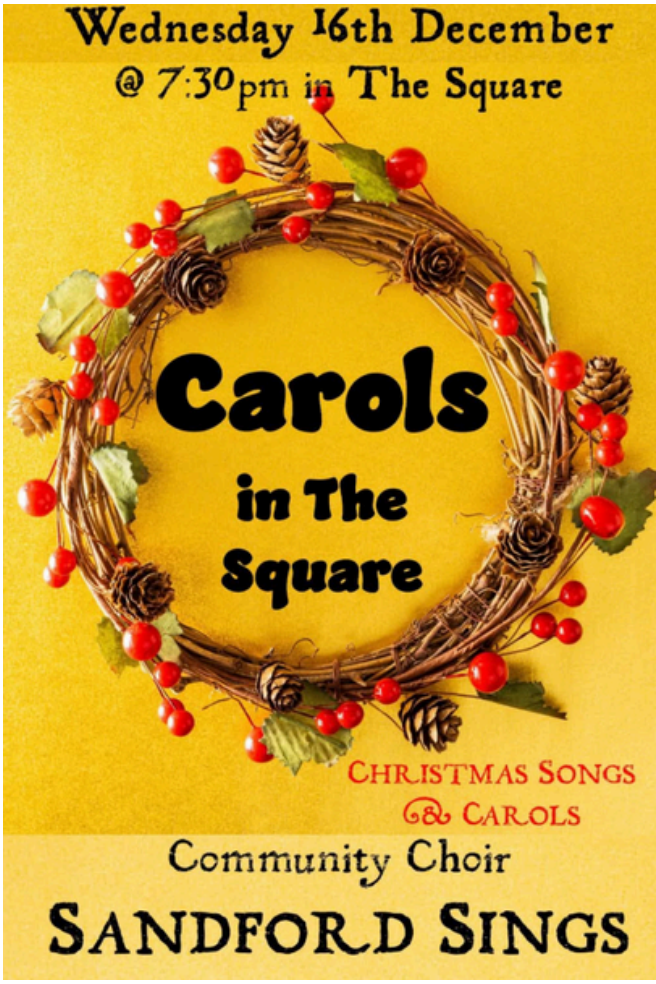






CHRISTMAS IN CREDITON









CHRISTMAS EVENTS AT THE BOOKERY





