



COMMUNITIES
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CREDITON COOKERY HUBS

November/December 2025

INVOLVE

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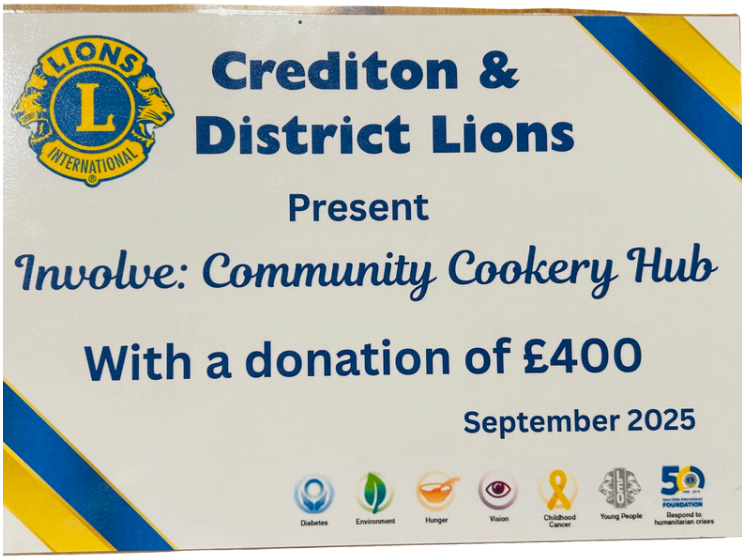
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CREDITON COOKERY HUBS

Involve has been awarded funding as one of five groups in Devon to establish a Community Cookery Hub, in partnership with QE Secondary School, Crediton.

The Hub initially opened its doors in September 2025, offering a welcoming space where people came together to cook, connect, and learn. After a huge success with the youth group, it opened its doors a second time in November for a new group of people - students at QE.

It was designed to support:
skills-based learning for all ages and develop stronger community connections. The findings will now feed in to County-wide insight into food, health, and wellbeing.



WEEK ONE
CHICKEN CURRY

WEEK TWO
LASAGNE

WEEK THREE
PIZZA

WEEK FOUR
COTTAGE PIE

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MESSAGE FROM KATH, CREDITON RURAL COMMUNITY BUILDER

In November, we opened the Cookery Hubs doors again but this time, to QECC students.

12 students joined us across four cookery sessions led by Mr Wilf Richer at QECC, Western Road in Crediton. Everyone enjoyed the hands on, practical fun of food preparation and cooking.

Over the four sessions the students cooked chicken curry, lasagne, pizza and cottage pie and were able to take home supper after each session. Feedback from parents was glowing!

The Lions in Crediton kindly supported us by shopping for all the ingredients each week and they bought a large covered casserole dish and pizza tray for each student to use, take home and keep. This was really appreciated by them all and meant families could make recipes again at home.

We were so pleased to also work collaboratively with QECC in this venture and we are all looking forward to the next block of workshops that start in January where we'll be working with Adults and sign up numbers are already looking very promising!



Thank you to the Devon Community Foundation for awarding us a grant that has enabled us to bring the Community Cookery Hub to Crediton. We're so grateful for your support in helping us make this project a reality for our community

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QUOTES AND FEEDBACK

What did you enjoy most about the course?
Making dishes and getting to take them home to eat!

What dishes would you like to learn?
Lasagne
Carbonara

What dishes would you like to learn?
Chicken curry



What are your main reasons for joining?
To learn basic cooking skills

I want to improve my confidence in the kitchen

I love food!

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SURVEYS

We asked all participants to complete two surveys, one before the course and one after completing the course. This enabled us to compare answers and learn how helpful the course was, whether new skills have been learnt and new confidence found. We can clearly see favourite meals, feedback for future courses and recipes that participants would like to learn.



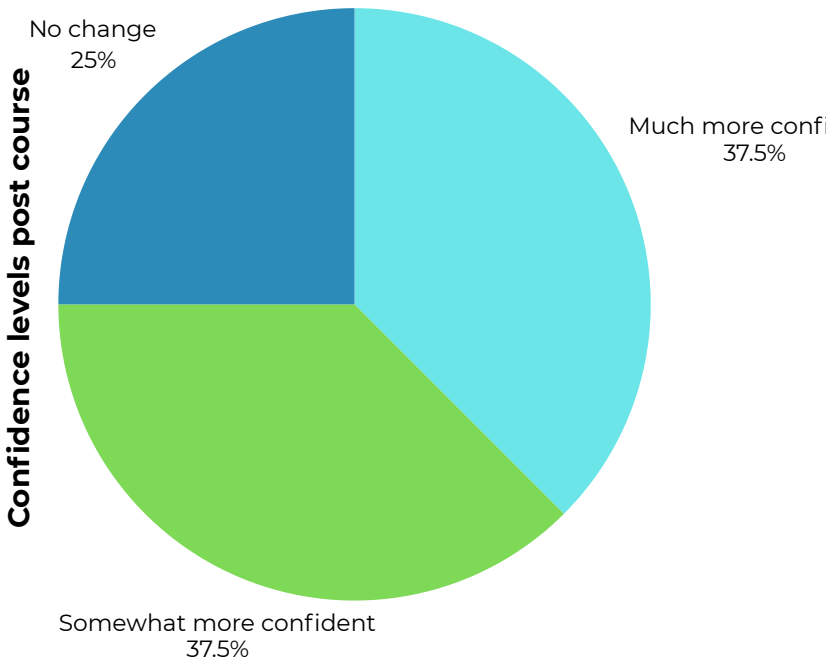
IMPACT SNAPSHOT

12
Signed up and attended the first course

100%
Of individuals who completed a post course survey said the course met their expectations

75%
Of individuals who completed a post course survey felt more confident than before the course.





FAVOURITE RECIPE - LASAGNE

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WHAT NEXT

We plan to hold three more cookery sessions with different groups.
After reviewing the second course, there are some points for us to take away and learn from.

- We provided drink and snacks - The timing of the first course was straight from a day at school so students were very grateful for a snack to keep them going until they could eat their delicious meals. Depending on the group and the timings, this is something we would look to repeat.
- As part of the course, The Lions Club gifted each participant a lidded casserole dish and they added a pizza tray for them to take home. We felt this was a great idea and it was well received by the recipients. They reported that it made them feel valued and it encouraged them to repeat the recipes and practice more at home. We did request for them to bring back the casserole dish for another lesson however, not everyone did this time - perhaps more reminders to bring the dish back is needed next time. We will be able to email the week prior.
- Recipe cards were produced and each participant took one home so that they have the recipe at to practice more.
- Due to success of a previous course with youth, one of the adults has already signed up to join our upcoming adult course.
- Other groups in the community have contacted the Crediton Community Builder to say that their group would be interested in taking part in future sessions.
- Although 13 students is an ideal number we had registered up to 14 to account for some drop out.
- Students on this course were approximately 12-16 years in age. and therefore some needed more supervision. For future groups, we will need to ensure there are enough volunteers to support everyone, dependent on the group type and need.
- Having specific groups filling the spaces rather than open access session was a positive decision. It meant that we were aware of any needs and able to better plan for risk assessment and adhere to safeguarding policies when we knew in advance what groups and vulnerabilities there would be in advance.

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