INVOLVE
VOLUNTARY ACTION IN MID DEVON

Crediton Community Builder Review

August - November 2024

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INTRODUCTION



Tamlyn Fraiquin

Crediton Community Builder

I work to build meaningful relationships that enable individuals and groups to collaborate effectively. By focusing on shared objectives, I help facilitate a sense of unity and common purpose. My goal is to strengthen community bonds and promote resilience, ensuring that communities are better equipped to face challenges and thrive together.

Understanding the impact of this work is crucial; I continually assess how these efforts improve cooperation, foster stronger connections, and enhance the overall well-being of the community. Measuring the 'success' of community work can be difficult. But by evaluating these outcomes, I can refine my approach and amplify the positive effects, ensuring sustainable and long-lasting benefits for all involved.

CANCER SUPPORT

Objective: To work with the community in creating a network of support for those faced with the challenges of a cancer diagnosis, their families and support networks.

Securing funding from Macmillan, we launched the support in October 2024, releasing the dates for Peer to Peer coffee meetings.



5 attended the first Peer to Peer Meeting in October 2024

15 attended the second Peer to Peer Meeting in November 2024







What next ...

Survey to establsih what is wanted and to work together on future plans and establish faciliators

VINTAGE FARMERS

CREDITON VINTAGE FARMERS

Like fine wine, our farmers just get better with age

Objective: To find solutions to combat isolation amongst the older rural community.

Launched in April 2024, Crediton Vintage Farmers is going from strength to strength, with 64 members.

July 2024

36 enjoyed the tour of Elston Farm, Copplestone.

BBQ, Cider and cake!





August 2024

34 joined us for our 'Coffee and catch-up'

October 2024

44 attended the talk and lunch, hosted by Crediton Dairy.



What next …

FCN have created a role to launch further Vintage Farmers Groups across the SouthWest, with the proposal at the AGM to launch across the Uk.

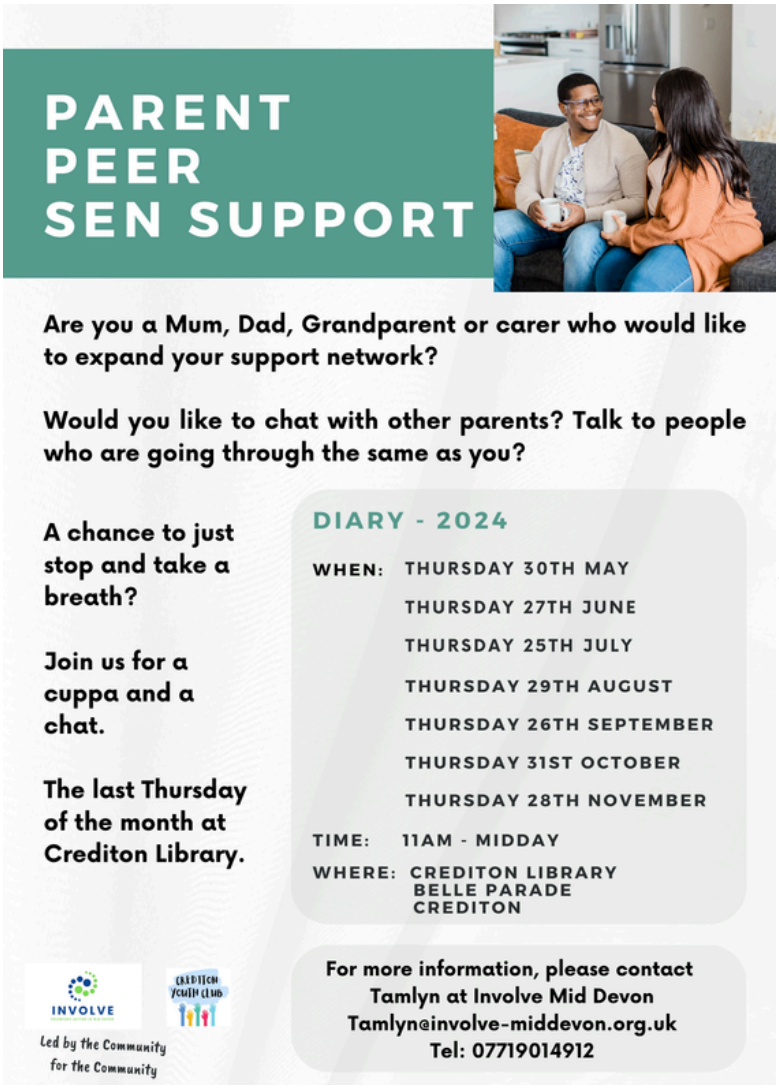
FCN

PARENT PEER SUPPORT

Objective: To establish a parent peer group In response to needs identified in the Youth Survey.

A number of responses identified the requirement for support for parents. Further community engagement, working with the schools, Action for Children, DIAS and the PCN clarified the need.

The full diary of meetings for the year was released, to show commitment. Decision to re-evaluate approach in October.





What next …

DIAS - Ambassador Volunteers - training organised for December 2024 to develop team to facilitate peer support networks in Crediton & Area for 2025

QE ECOTHREADS

Objective: To work with the 6th Form at QE on a youth-led project that would focus on sustainability and support families during the cost of living crisis.





Launched in September 2024

60+ items donated in the the first 6 weeks

Launch of QE Ecothreads facebook page, over 100 followers in first 2 weeks

This is great. The uniform is so expensive. Thanks for doing this

Just the best idea!!! Well done for organising it

This is a lovely idea

This is what community is about

Thank you !!
I didn't know where I was going to find the money. I don't need to worry now.

You have just saved us

What next...

Launching QE Pre-loved Prom

COMMUNITY

Objective: To facilitate community meetings and promote collaboration.



Health and Wellbeing Alliance Meetings.

20 - 28 members attending the quarterly Crediton Meetings

Proposal for Community Co-Design









What next...

Expression of Interest submitted

COMMUNITY

Objective: Summer Project **-** To support community youth projects throughout the holidays

PARK FUN 2024

40 free places for Woodlands

40 free places Premier League Kicks

Free Totum Pole Creative workshop

2 days of 'festival fun'

Free BBQ
or Picnic on each day



Successful project - Review to focus on objectives for 2025

Objective: To connect and facilitate meaningful relationships to build robust partnerships

The Bookery - Facilitate 12mth project to support young people with low attendance or anxiety, to connect and build confidence through reading and art.

Facilitate a project with 3rd year Drama students, University of Exeter on a theatre-based project that empowers teens to build self-confidence and resilience.

What next...

Review January 2025 to evaluate and agree next steps
Collect robust feedback to elevate the voice of the youth