INVOLVE

COMMUNITIES that can

NEWSLETTER TIVERTON, SPRING 2026



MESSAGE FROM YOUR COMMUNITY BUILDER

It's been a really positive start to the year here in Tiverton. We've officially launched the Communities That Can project and are excited to be developing our new Volunteering Hub, which now has a physical presence in town.

It's been great to meet with lots of organisations these past months to understand the array of support available and help promote it. We continue to bring VCSE organisations together through our quarterly Community Wellbeing Alliance meetings and it was great to see so many in attendance at the last one in April.

We continue to connect with residents through regular listening events, helping us to better understand local needs so we can support and grow the right services.

As a result of community mapping and listening to residents, we've launched two new support groups in Tiverton: a peer-to-peer cancer support group, and a Vintage Farmers group, building on the success of the original Crediton group.

Don't hesitate to get in touch if you'd like to meet with us to discuss any ideas you may have for our community!

Alice

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TIVERTON NEWS

It's been a lively and positive start to the year across Tiverton, with a growing range of opportunities for residents and organisations to connect, get involved, and celebrate all that our town has to offer.



The town centre continues to see renewed energy, with events at Pannier Market, including a spring Easter festival and 'Electric Nights Street Food' in May. Alongside this, local venues and community spaces have been hosting a variety of cultural events including a screening at the library of 'Jo In The Water' to live performances in the New Hall, all of which strengthen Tiverton's cultural offering.

There has also been a strong focus on community-led activity. Initiatives that bring people together in simple, accessible ways, from seasonal events (launch of Tiverton in Bloom from Tiverton Town Council) to sustainability projects like the local 'Give-or-Take' scheme led by Sustainable Tiverton.



Some wonderful initiatives have started - for instance Sandy's Cafe now offer a 'pay it forward' scheme for compelted loyalty cards, whereby fully stamped cards are donated to CHAT so those in need can enjoy a free hot drink.

Tiverton's rich heritage continues to play an important role, with organisations such as the Tiverton Museum offering opportunities for residents to connect with local history. They also offer wellbeing-focused sessions such as guided walks and a range of illustrated talks using their wonderful bank of photography.

Looking ahead, there is plenty to be excited about with Prom in the Park and Mid Devon Show in July.

IT'S ALL NEW!



Elmore Football Club launches an all new under 16s girls team. Training takes place on Tuesday Evenings 6-7pm.

THE PERYTON

A new cocktail bar and tavern has opened - The Peryton which serves lunches, small plates, and drinks. https://www.theperyton.co.uk/



Tiverton Hotel Lounge and Venue launch a brand new look and menu! Whether it's darts, or pool with friends, cocktails or small plates their new space 'essence' caters for all.

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VOLUNTARY ACTION IN MID DEVON

Involve Voluntary Action in Mid Devon have relocated! Now settled into a new office above the New Hall on Barrington Street. This provides a space for the new Volunteer Hub; a service for community members who are keen to volunteer but also for organisations who need them. If you'd like more information on becoming a volunteer or if you're seeking volunteer support contact: volunteerservicelead@involve-middevon.org.uk.

OUT AND ABOUT IN TIVERTON

COMMUNITIES that can

TIVERTON LAUNCH EVENT

On Tuesday 24 March, the Tiverton Communities that Can launch event took place at Moorhayes Community Centre with 26 guests from various voluntary sector organisations and local businesses.

The event provided an opportunity for organisations to hear all about the Communities That Can project, including an update on our new volunteering hub. It also encouraged participation i.e. to share thoughts on what's needed in Tiverton and what's working well, as well as providing an opportunity for networking.

We received some thoughtful feedback that will inform our work moving forward.





COMMUNITY WELLBEING ALLIANCE

We hold quarterly Community Wellbeing Alliance meetings in Tiverton. Two have happened so far and been well attended (January had 22 and April had 17).
One of the biggest benefits is stronger connections between organisations. These meetings bring together VCSE groups, statutory services, and grassroots initiatives in one space. That face-to-face connection builds trust, reduces duplication, and makes it much easier for people to pick up the phone to one another outside the meeting.
The overall aim of these meetings is to improve the experience for residents - identifying needs and gaps and ensuring that a residents access to care is as smooth as possible.
They also provide a space for organisations to share updates, general knowledge and learnings.

OUT AND ABOUT IN TIVERTON

COMMUNITIES that can

VINTAGE FARMERS

We have now launched a Tiverton Vintage Farmers group, for semi-retired/retired farmers in the local area who meet on the second Wednesday of each month at various locations in and around Tiverton. This has proved hugely popular, with numbers of 35+ each month. It's a relaxed meet offering members a chance to socailise with old friends and new over a cuppa and slice of cake.



This group was set up in partnership with the Farming Community Network, recognising the rural nature of farming and the isolation many can experience when work slows or stops. Creating opportunities to connect socially is therefore important for wellbeing. Research also shows that suicide remains a concern in rural communities, with men in farming at higher risk.

The next meeting will take place at Tiverton Town Football Club on Wednesday 10th June, 10am-12noon.



CANCER PEER-TO-PEER SUPPORT

We identified that there was very little cancer support in Tiverton. Support is restricted to minimal outreach; appointments via Force in the local hospital on Monday afternoons. Cancer Research UK data tells us that there are 710 people a year diagnosed with cancer in the Tiverton and Minehead area. They also state that there are 330 deaths from cancer in the area, so there is a clear need for more support for those suffering and their families and carers. For those who cannot travel, support close to home reduces the physical and financial burden.

A new peer-to-peer group has now been established, and takes place on the first Tuesday of each month at Sandy's cafe from 10-11am. This provides a safe, welcoming space for anyone affected by cancer where they can enjoy a hot drink and share experiences.

The next cancer peer-to-peer support group will take place Tuesday 2nd June, 10am-12noon.

OUT AND ABOUT IN TIVERTON

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ENCOURAGING SUSTAINABLE PROM CHOICES

On Friday 15 May, we launched 'Pre Loved Prom' in partnership with SASSY from Sustainable Tiverton. This initiative brought together a collection of second-hand dresses and suits for a pop-up event supporting local students in finding prom attire.

With outfits often worn just once, promoting re-wearing and giving garments a second life is an important step in reducing waste, as well as easing financial pressures for families.

A number of students (from Cullompton CC and Tiverton High School) attended to browse and there was a volunteer seamstress on hand to offer alterations if required. Following the success of this pilot event, we plan to expand the initiative to all local secondary schools next year.

If you have any promwear donations, please contact me on tivertoncb@involve-middevon.org.uk.





RESEARCH READY COMMUNITIES

We recently worked with Devon Community Foundation (DCF), who funds community organisations across Devon. We supported a piece of NIHR-funded research exploring how academics can be better prepared to engage in community research. Drawing on the expertise of members from the Community Wellbeing Alliance, two workshops were held in both Tiverton and Cullompton; one using role play to explore how researchers might connect with communities in market towns, and the other reviewed existing guidance for both researchers and the public.

Findings highlighted the vital role the voluntary sector plays in enabling effective, community-based research.

BE PART OF THE CONVERSATION

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LISTENING EVENTS



"I really value our listening events, usually held at Tiverton Library. They offer a valuable opportunity to connect with residents and gain a better understanding of what people would like to see in our town. Previous sessions have highlighted a need for greater menopause awareness and education, which led me to explore relevant funding opportunities and submit an application."
- Alice, Tiverton Community Builder

LISTENING EVENTS COMING UP

Your voice matters!
Join us at these friendly drop-in sessions to share:
What you'd love to see in your community
Ideas for activities, spaces, or events
What's most important for making Tiverton a great place to live

The next listening event is on Friday 3rd July, Tiverton Library, 10am-12noon

WHERE TO FIND UPDATES ABOUT OUR LISTENING EVENTS

We advertise our regular listening event dates on our Facebook page (Tiverton Community Builder), on posters around Tiverton, GP surgery screens and in our quarterly newsletters. You can also contact Alice to find out the next dates.

Contact details:
07842025352
Tivertoncb@involve-middevon.org.uk

BE PART OF THE CONVERSATION

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WHAT THE COMMUNITY IS SAYING

Every month, we ask a question on social media to spark conversation, gather ideas, and make sure lots of different voices are heard. This helps us really understand what matters most to the community. As the project moves forward, we'll show how your feedback shapes what we do next.

I am really keen to listen to your ideas on Volunteering opportunities, the local community and the types of community groups and organisations you would like to see in Tiverton. Come and talk to us - every great adventure starts with the first step.

https://www.facebook.com/tivertoncommnuitybuilder.

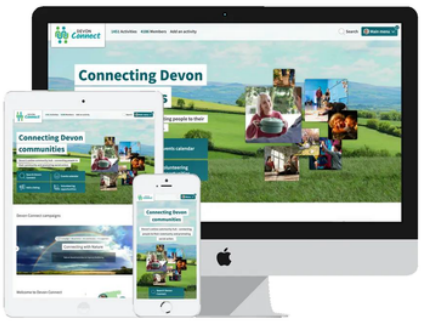


CONNECTING TIVERTON

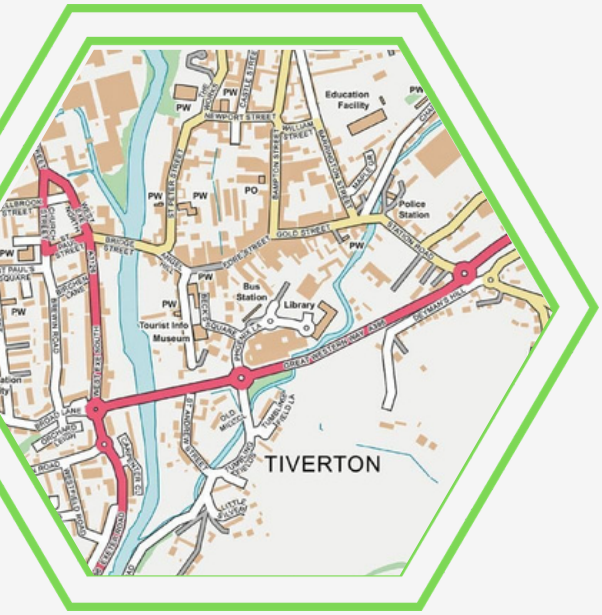
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DEVON CONNECT

Devon Connect is a free online community hub where residents, organisations, and practitioners can find and share information about local activities, services, events, and volunteering opportunities. It is designed to connect communities, reduce isolation, and make it easier for people to discover what is happening locally.
It also links into local social prescribing platforms so anything that goes live on the platform can be used for signposting by social prescribers and other health professionals.
We are encouraging use of Devon Connect amongst the voluntary sector and are pushing the community to find local activities on there.
For any queries, or assistance using Devon Connect, don't hesitate to get in touch with tivertoncb@involve-middevon.org.uk.



TIVERTON DIRECTORY



Following an extensive community mapping exercise, and building on existing resources, a new directory of services for Tiverton has launched.

Take a look on the following link: https://tiverton.involve-middevon.org.uk/

Don't hesitate to get in touch if you'd like your group or organisation to be listed.

VOLUNTEERING OPPORTUNITIES

COMMUNITIES that can

LOINS, TIVERTON

Lions are ordinary people who do extraordinary things to help others and support good causes throughout the British Isles. Globally they have more volunteers in more places than any other service club organisation, and love to step forward to volunteer, help other and make things happen. Currently in charge of two initiaties in Tivertion; message in a bottle and recycling glasses.

E: mikeaspray@btinternet.com

THE ROTARY, TIVERTON

The Rotary Clubs in Tiverton are part of a global network of volunteers, bringing people together to support local communities and wider charitable causes. They organise events, raise funds, and run initiatives such as school literacy programmes and community activities throughout the year. Built on friendship and service, Rotary offers a welcoming space to connect while making a meaningful difference. New members are always encouraged to get involved and help strengthen the community.

https://rotary-ribi.org/clubs/membershipenquiry.php?ClubID=1226

SUSTAINABLE TIVERTON

Share Shop Tiverton - A library of things - lending session volunteers needed! This role involves welcoming members to the library (located in the Eco Hub), checking and maintaining the inventory and checking things in and out of the library. This role involves a time commitment of Saturdays from 9.30.12. Not every Saturday is required, sign up for whatever Saturdays you can help with.

E: shareshoptiverton@gmail.com

MID DEVON MESSENGER, CHAIR

Mid Devon Messenger are seeking a new Chair for the charity. Mid Devon Messenger records and delivers local news, quizzes, book reviews, interviews and music to people who can no longer read print — connecting them to the community around them.
E: helen@middevonmessenger.org.uk

VOLUNTEER AT WESTEXE JUNIOR PARKRUN

GIVE ONE HOUR ON A SUNDAY MORNING A MONTH

Make a big difference!



Love seeing children enjoy running, smiling, and building confidence?

Join our friendly volunteer team at westexe junior parkrun!



WE'RE LOOKING FOR VOLUNTEERS WHO CAN HELP JUST ONE HOUR ON A SUNDAY MORNING A MONTH WITH ROLES SUCH AS:

- MARSHAL
- TIMEKEEPER
- BARCODE SCANNER
- FINISH TOKENS
- TAIL WALKER

No experience needed – full support provided and it's *great fun* for all ages.

WHY VOLUNTEER?

- Support local children and families
- Meet friendly people in the community
- Enjoy fresh air and Sunday mornings
- Be part of something positive and rewarding



EVERY SUNDAY MORNING | **ONE HOUR ON A SUNDAY MORNING A MONTH** | **MAKES A HUGE DIFFERENCE!**

INTERESTED?

Email:
westexerecjuniors@parkrun.com

parkrun junior

DATES FOR THE DIARY

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24TH MAY, HEATHCOAT CC FAMILY FUN DAY

Heathcoats Cricket Club is putting on a family fun day on Sunday 24th May at Knightshayes. The day starts at 9.30am and includes a raffle, food and coffee trucks, an evening bbq and bake sale.

30TH MAY, RE-ROOTED CAFE LUNCH

Sustainable Tiverton are providing a lunch using surplus food from the re-rooted community fridge at St Georges Hall on Saturday 30th May from 12.30pm. Hot drinks will be available from 11.30am. Donations are encouraged to cover costs.

31ST MAY, OJ GYMS' RUN CLUB

OJ Gyms are launching a new running club on 31st May. Meet them at 9.30am at the Swans Neck in Halberton. This is suitable if you're able to run between 5-8k. No booking just turn up on the day. Plan is to run and then stop for a coffee and cake at the end!

5TH JUNE, QUIZ NIGHT AT THE RUGBY CLUB

The Junior Operatic Society are hosting a quiz night at the Tiverton Rugby Club on 5th June . Teams of 6 maximum and £3 per person. Prizes for 1st and last place. Doors open at 7am for a 7.30 start.

20TH JUNE, CLOTHES SWAP AT TIVERTON LIBRARY

A free event, a clothes swap aimed at tweens - 25yr olds. Taking place at Tiverton Library between 12-2 on 20th June. Donations ahead of the event are welcome (Tues - Sat 10-12 at the Eco Hub, Bampton Street).

27TH JUNE, THE SECRET GARDEN TRAIL

Tiverton Town Council presents 'The Secret Garden Trail' as part of Tiverton In Bloom. Taking place on Saturday 27th June between 11am - 4pm there will be trail maps and kids activities for the family to enjoy. Find out more at events@tivertontowncouncil.gov.uk

28TH JUNE, WILLIAM SHAKESPEARES COMEDY OF ERRORS

Tiverton Community Arts Theatre presents their version of William Shakespeare's 'Comedy of Errors'. Taking place on 28th June at 6.30pm. Booking required, tickets are £16-18, email booking@tivertontheatre.com

KEEP UPDATED ON ALL THE LATEST NEWS AND EVENTS

to find out more about what is coming up in your community please follow us on Facebook:

@TIVERTONcommunitybuilder

National Emergency Briefing

People's Emergency Briefing

Tiverton

Film screening and discussion with: Chris Berry, Gill Westcott, others to be announced.

Tiverton Town Hall Andrew St, Tiverton EX16 6PG
18:30 June 3rd 2026

www.nebriefing.org

33rd ANNUAL SHOW
MID DEVON SHOW
25th JULY 2026

KIDS GO FREE!

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TO PURCHASE TICKETS

MID DEVON SHOW
UNITE CARERS
SUPPORTING UNPAID CARERS
2026 SHOW CHARITY

Main Sponsor

WALTER H. SQUIRES & SON
3rd Generation Family Funeral Directors, Est. 1933

Mid Devon Show

President: Mr William Heathcoat Amory

Hosted by the National Trust in the beautiful grounds of Knightshayes

Saturday 25th July 2026

The Showground, Knightshayes/Chettiscombe, Tiverton EX16 7PP



Advance Tickets ~~£23~~ - £20*

FREE Parking - Kids 15 & Under FREE

Park & Ride and you could WIN £100!**

MID DEVON SHOW
A DOG FRIENDLY EVENT

*Advance Ticket price valid until 24th July 2026

**See Website For Details

www.middevonshow.co.uk T: 01884 820859

Mid Devon Town and Country Show Society Ltd. Charity No. 1029231 E: office@middevonshow.co.uk

WHAT'S ON IN TIVERTON
OLDER COMMUNITY

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MID DEVON MOBILITY

Mid Devon Mobility run a community drop in Mon-Fri mornings with coffee mornings, arts and crafts, silver surfers (digital support) and much more. In addition to the community hub, services include; ring and ride, community cars, a prescription collection service, befriending and hot meals. More information can be found here: https://www.middevonmobility.org.uk/services/

U3A

Tiverton u3a warmly welcomes new members to our friendly group. The u3a is for people who want to keep active in mind and/or body and enjoy socialising. If you enjoy good company with lots of interesting things to do, why not come along to one of our monthly meetings and see what we have to offer. More information can be found here: https://tivertonu3a.u3asite.uk/

UNITE CARERS

Unite Carers provides support, information, activities and friendship to unpaid carers who look after someone who is dependent upon them because of illness, frailty, disability or vulnerability. They offer a range of services including regular monthly coffee mornings through to counselling services. More information can be found here: https://www.unitecarers.org.uk/

MID DEVON MESSENGER

Free weekly audio news, information and entertainment. Our audience is people living in Mid Devon who are no longer able to enjoy reading due to an on-going medical condition. We provide a player, and send weekly recordings to you – all free of charge. For further information contact Yvonne on 07721 065008.